

**Temple
Beth
Abraham**

the **Omer**

Volume 45, Number 1

Oct/Nov 2024, Elul 5784/Tishrei/Heshvan 5785



Photo by Faith Kramer

FALL HOLIDAY RECIPES

**OMER'S
45TH YEAR
IN PRINT**

GENERAL INFORMATION:

All phone numbers use (510) prefix unless noted.

Mailing Address	336 Euclid Ave. Oakland, CA 94610
Hours	Monday-Thursday 9am - 4pm Friday 9am - 1pm
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Cantorial Soloist/Hazzanit	Yael Krieger
Gabbai	Marshall Langfeld
Executive Director (x 214)	Rayna Arnold
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Gan Avraham Director	Rachel Fenyves
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Kindergym/ Toddler Program	kindergymtba@gmail.com

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Omer	see page 3
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Nichum Aveilim – Comforting the Mourners	Joan Rubin & Jill Rosenthal

Monday & Thursday Morning Minyan

Chapel, 8:00 a.m.

Friday Afternoon

Gan Shabbat, 12:40 p.m.

Friday Evening (Kabbalat Shabbat)

Sanctuary and YouTube, 6:15 p.m.

Friday, October Candle Lighting

Wednesday, 2 6:32 pm

Erev Rosh Hashanah

Thursday, 3 7:31pm

Rosh Hashanah Day 1

Friday, 3 6:29 pm

Rosh Hashanah Day II

Friday, 11 6:18 pm

Kol Nidre

Wednesday, 16 6:11 pm

Erev Sukkot

Thursday, 17 7:11 pm

Sukkot I

Friday, 18 6:09 pm

Sukkot II

Wednesday, 23 6:02 pm

Sukkot VII

Thursday, 24 7:01 pm

Shmini Atzeret

Friday, 25 6:00pm

Simchat Torah

Shabbat Morning

Sanctuary and YouTube, 9:30 a.m.

Saturday Havdalah & Torah Portions

Saturday, Oct. 5 7:28 pm

Saturday, Oct. 12 7:17 pm

Yom Kippur

Saturday, Oct. 19 7:08pm

Bat Mitzvah Arielle Strub

Saturday, Oct. 26 6:59 pm

Bar Mitzvah Lucio Siegel

Friday, November Candle Lighting

November 1 5:52 pm

November 8 4:45 pm

November 15 4:39 pm

November 22 4:35 pm

November 29 4:33 pm

Saturday Havdalah & Torah Portions

November 2 6:51 pm

November 9 5:44 pm

November 16 5:39 pm

November 23 5:35 pm

November 30 5:33 pm

The Omer

We are always looking for help and contributions, whether it be first-person articles, poems, art, photos and anything that aligns with our theme of positive, Jewish community.

We are also always in need of copy editors.

The Omer is run by volunteer editors, TBA members Lisa Fernandez and Rachel Dornhelm, and assembled visually by graphic designer [Alden F. Cohen](#).

WE WOULD LOVE TO SEE MORE COMMUNITY MEMBERS JOIN OUR TINY STAFF.

Please email Omer@tbaokland.org if you'd like to help out and contribute.

We accept member submissions. Deadline for articles and letters is generally the 12th of the month preceding publication.

Editors in Chief	Lisa Fernandez & Rachel Dornhelm
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Calendar	Virginia Tiger
B'nai Mitzvah Editor	Susan Simon
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Comfort Recipe From My Mom

As I spoke about on Rosh Hashana and Yom Kippur on the theme of comfort, certain foods are among the most important things we seek when trying to find such comfort. When I cook I do not use recipes, for the most part, but my Mom certainly does. When I want comfort food, I think especially of her Borscht Soup/Stew, a recipe that comes from her Mother, meaning it likely spans 3 different centuries.

When most people think of Borscht they think of beets and sour cream, but this is a meat borscht, less well known, but eaten often in Eastern Europe as well. So I am presenting you here with my Mother Harriet Bloom and Grandmother/Nana Ina Nathan's "Ina's Borscht" recipe.

INA'S BORSCHT

- 1 Can of Tomato Juice
- 1 Can of Tomato Puree
- 2 ½ cans of Peeled Tomatoes
- 1 Onion
- 3 Teaspoons Sugar
- 1 ½ Cabbage (1/2 to be used for cole slaw)
- 3 ½ -4 lbs. of Chuck Roast, trim the fat
- Soup Bones
- 1 Teaspoon Salt

Shred cabbage and onion on large side of grater or in Cuisinart. Put cans of tomato juice, puree, and tomatoes in soup pot with an equal amount of water. Add grated cabbage and onion. When boiling, add meat and bones. Add salt and sugar to taste. Cook about 2 ½ hours and add 1-2 tablespoons of flour if you want it thicker.

Serve with rye bread torn into pieces and thrown in the soup by the individuals. The crust of the bread is perfect for getting the last drop of soup from the boil.

B'tai Avon,

Rabbi Mark Bloom

The Board is forming a Sustainability Committee to discuss and explore ways in which our synagogue and community can reduce our environmental impact and promote environmentally friendly practices. If you are interested in participating with this committee please send an email to David Paulson at weinson@gmail.com



MORNING MINYAN

Monday and Thursdays at 8am in the TBA Chapel.
No RSVP - just join the group

TEMPLE BETH ABRAHAM

HIGH HOLY DAYS SERVICES SCHEDULE

5785/2024

Virtual Services will be available:

TBAoakland.org/Stream

ROSH HASHANAH

Erev Rosh Hashanah Service

Wednesday, October 2 at 6:15pm

First Day Service

Thursday, October 3 at 9:30 am

Family Service with Rabbi Bloom (Children 2 yrs.-1st grade) 9:00 am Social Hall

Youth Services with Susan Simon (Children grades 2-6) 9:45 am Social Hall

Tashlich Service with Beth Jacob 5:15pm at Dimond Park

Second Day Services

Friday, October 4 at 9:30 am

YOM KIPPUR

Kol Nidre

Friday, October 11 at 6:15 pm

Morning Service

Saturday, October 12 at 9:30 am

Family Service with Rabbi Bloom (Children 2 yrs.-1st grade) 9:00 am Social Hall

Youth Service with Susan Simon (Children grades 2-6) 9:45 am Social Hall

Yizkor Service 11:00 am (approx.)

Study Session 2:00 pm in the Chapel

Martyrology Service and Mincha 4:15 pm

Neilah 6:15 pm

Break the Fast sponsored by the TBA Minyan Group

SUKKOT

First Day Service

Thursday, October 17 at 9:30 am

SHEMINI ATZERET

Shemini Atzeret/Yizkor

Thursday, October 24 at 9:30 am

SIMCHAT TORAH

Erev Simchat Torah Family Service

Thursday, October 24 at 6:15 pm

Experience being encircled by the Torah, followed by music and dancing.

Simchat Torah Day

Friday, October 25 at 9:30 am

Arielle Strub – October 17, 2024

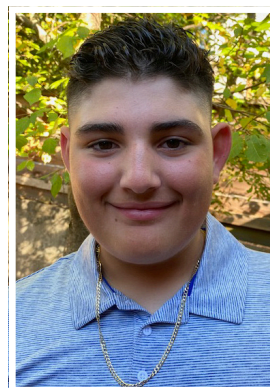
Hello everyone. My name is Arielle Strub. I am 12 years old and live in Oakland with my parents.

**Lucio Siegel – October 26, 2024**

Hello everyone. My name is Lucio Siegel. I am 12 years old and live in Oakland with my parents and two younger sisters, Paloma and Noemi. Over the past few years, baseball has taken over my life, and I really enjoy playing all the time! One of my most fun experiences was playing on a travel baseball team coached by my dad. I also enjoy learning about history, reading good books, playing sports video games, and hanging out my cousins and friends. My parsha is called Bereshit from Book of Genesis, chapter 5. The part I am covering is basically a list of names from the line of Adam and Eve.

One aspect of this that I find interesting is the emphasis on lineage. My own descendants come both from my Jewish father and my Mexican-American mother. Specifically, my father's family is from Eastern Europe, while part of my mom's family is from northern Mexico.

Judaism has always been very important to me, but I thought about it only a few times a week at most. Since I began studying for my bar mitzvah, I have enjoyed Judaism—including studying the Torah and prayers—becoming part of what I do every day. I look forward to seeing my friends and family at my bar mitzvah!



Cooking at Gan

By Rachel Fenvyes

Cooking is a vital part of our curriculum, offering children rich, hands-on learning experiences. Every week, they bake challah for Shabbat and create traditional holiday foods throughout the year like latkes, honey cake, and hamantaschen. Through these activities, they gain more than just knowledge of Jewish culture and flavorful traditions—they also learn foundational skills in math, nutrition, turn-taking, and understanding cause and effect.

By involving them in as much food preparation as possible, whether during cooking projects or snack time, we encourage them to explore new foods they've helped make. We save snack prep, like cutting fruit, for when we're all seated at the table. There, the teacher demonstrates how to prepare the food, helping children understand the process of getting food ready to eat.

We offer a family-style snack twice daily, where children practice kindness and sharing by passing bowls around and offering snacks to each other. They develop self-advocacy skills by asking for more and learning where their food comes from, all the way from its origin to its preparation. As we share in the blessing of gratitude, we tailor the blessing to match the food—Ha'Etz for apples, HaMotzi for crackers, or Mezonot for a mixed snack.

For us, cooking is more than just a daily activity; it's a way to connect children to Jewish culture and community. Through these delicious traditions, we nurture a love for food and heritage that we hope will be carried on by the next generation.

Recipe shared by Gan teacher Ann Bergstrom.

Apple Bread

This bread gets rave reviews everytime I bake it, and I have used this same recipe for over 25 years. (Even though the directions say "cool completely" we usually have to have a slice smeared with butter while it is still hot) Yummm

Very Best Baker: K. Coffman

Ingredients

- o 3 eggs
- o 1 1/2 cups vegetable oil — or one pouch of applesauce + oil to make 1 1/2 cups
- o 2 cups chopped unpared apples
- o 1 1/2 cups sugar
- o 1 tsp vanilla
- o 3 1/3 cups all purpose flour
- o 2 tsp baking soda
- o 1 tsp baking power
- o 1 tsp salt
- o 1 tsp cinnamon or more
- o 1 tsp cloves
- o 2/3 cups raisins
- o 2/3 cups chopped nuts (optional)

Directions

Heat oven to 350. Grease ~~and flour~~ 2 loaf pans (9x5x3"). Beat eggs, oil, apples, sugar and vanilla on low speed, scraping bowl occasionally, 1 minute. Add flour, baking soda, baking powder, salt, cinnamon and cloves. Beat on low speed, scraping bowl occasionally, until moistened, about 15 seconds. Beat on medium speed 45 seconds. Stir in nuts and raisins. Spread in pans. Bake until wooden pick inserted in center comes out clean, 55-60 minutes. Cool 10 minutes; remove from pans. Cool completely before slicing. Wrap tightly in alluminum foil and refrigerate leftover bread.

Disclaimer - We're happy to say this recipe came from a Very Best Baker like you! Unfortunately, we at Nestlé cannot test these swapped recipes. If you try this recipe please be sure to write a review to let other Very Best Bakers know what you think!

This page is from Very Best Baking's web site. For more great recipes, visit **VeryBestBaking.com**
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Temple Beth Abraham
@ 10:30am
First Saturday of the
Month



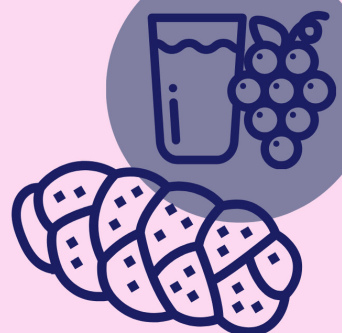
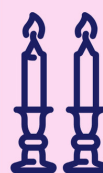
Families with children ages 0 through 5 are welcome!

Service begins at 10:45 AM in Gan classroom # 1. Older and younger siblings are welcome to join the fun as well! Full TBA community Kiddush lunch to follow at around 12 PM.

This interactive service will be filled with lots of singing, story telling and challah, of course.

SAVE THE DATES!

SEPT. 7
OCT. 5
NOV. 2
DEC. 7
JAN. 4
FEB. 8
MAR. 8
APR. 5
MAY 3
JUNE 7



WTBA happenings

By Valerie Milner

The year is off and running, and WTBA is excited to launch a new program on Sunday, November 17. The L'Dor Vador Club is designed to create connections between our younger families and our grandparent-aged folks. Why? Many of TBA's young families do not have any Bubbes (grandmas) or Zaydes (grandpas) nearby and lack the rich intergenerational connections so valued in Judaism. Conversely, many in the Bubbe/Zayde generation do not have any grandchildren in the area or in their lives and would love to have a connection with younger children. At L'Dor Vador Club, parents will bring their children to engage with Bubbes and Zaydes in activities such as music, playing, story times, games, a Jewish-themed craft or activity, and a snack. Questions? Email Rebecca Feigelson at Rebecca.feigelson@gmail.com.

WTBA kicked off the year with two August events (the Gan Welcome Coffee and the Pizza Shabbat) welcoming children and families to the new school year. Ladies, we hope you will join us for our first Girls Night Out (GNO) on 9/12, a game night at Plank Oakland. September will also feature another MacArthur cleanup day for adults and families on 9/22, followed by an outing to the Oakland Roots men's soccer game on 9/29.

JOIN THE WTBA COMMUNITY! We hope you will join us by becoming a member of WTBA. We are a vibrant multi-generational community of women whose goal is to support each other and our TBA community, through a broad range of social, spiritual and educational activities. Basic membership is \$45 for the year, though no one is turned away due to hardship. Use the link in the WTBA newsletter or contact our membership co-chairs, *Jeanne Korn* - jeannekorn1@gmail.com, *Stacy Margolin* - stasch.margolin@gmail.com



Finding Meaning in Illness & Each Other

By Treya Weintraub

This is a sweet noodle kugel I have made for many years. The richness of ricotta is balanced by the fresh lemon juice and cinnamon.

I always add a bit of sugar to the topping and spread it on the kugel during last 10 minutes of cooking. A perfect Break-The-Fast recipe!

Ruby red raisins are great if found, otherwise I use golden raisins.

TREYA WEINTRAUB'S NOODLE KUGEL

Serves 8-10

Vegetable oil for pan
12 oz. extra wide egg noodles
3 extra-large eggs OR 4 large eggs, beaten
1 lb. ricotta cheese
1/2 cup half and half
1/2 cup sugar
2 Tbs. fresh lemon juice
1 tsp. cinnamon
1 tsp. vanilla
3/4 tsp. salt
1 1/2 cups golden raisins
Sour cream topping, see below
1 cup Turkish dried apricots, optional

Preheat oven to 350 degrees. Grease a pan approximately 7.5" x 11.5" with vegetable oil. Cook noodles in boiling, salted water until cooked but still firm. Drain. Mix eggs, ricotta, half and half and sugar together. Mix in lemon juice, cinnamon, vanilla, salt and raisins. Pour into pan, cook for 35 minutes, until kugel is almost firm. Evenly spread topping, return to oven and cook for another 10 minutes, or until egg mixture is set and the kugel is cooked through and fairly firm. (Timing will vary depending on pan size). If desired, cut apricots into thin slices and garnish cooked kugel. Serve hot, warm or at room temperature.

For sour cream topping: Mix 8 oz. sour cream with 2 tsp. lemon juice, 1/2 cup sugar and 1 tsp. vanilla.

2 Tbs. flour
1 3/4 cups vegetable
1/2 cup heavy cream
2 Tbs. brandy or
Salt, to taste
Cayenne pepper,

1. Adjust oven rack to 450 degree sheet with foil.
2. Measure 3 cups. Discard or save the tops by cutting in.
3. Spread tomatoes evenly with browned and tomato. Tomatoes cool slightly in a small bowl and...
4. Heat butter in a saucepan until foaming. Reduce heat to medium, until shallots are soft. Add flour and cook, stirring, about 30 seconds. Add stock; stir and bring to a boil; simmer occasionally, 10 minutes.
5. Strain mixture. Transfer tomato mixture to a cup and strain. Reserve.
6. Return to the pan and heat over medium heat, stirring in cayenne, and...

To Make Ahead: Follow step 5. Cook frozen for 10 minutes.

L'dor Vador Club

(from generation to generation)
PJ Library / WTBA

**SUNDAY NOVEMBER 17TH
10:30 AM
AT TEMPLE BETH ABRAHAM**

Connecting the community between generations. Looking for Sav/Savtah Bubbles/Zaydes to connect with young families!



Monthly gatherings with music, play, story times, games, a Jewish-themed craft or activity and, of course, a snack. Participation is Free.

**Text/Call Rebecca Feigelson at
925-330-9380 to sign up!**

Aaron Paul - TBA President, 1985-1987

By Jody London

This is the second profile in our series on the Presidents of Temple Beth Abraham.

Aaron Paul grew up in a poor community in Wilmington, Delaware in the 1930s and 1940s, where his parents, immigrants from Rumania, ran a grocery store. Aaron was the only Jewish kid and the only white kid in the neighborhood. The youngest of three children, going to Hebrew school and joining AZA as a teen changed Aaron's life, providing him with community and a sense of belonging.

Fast forward several decades to when Aaron found his way to the Bay Area. He and his wife Eva were raising their five children in Oakland and joined Temple Beth Abraham in the late 1960s. By the mid- 1970s, when their daughters became Bat Mitzvah, the synagogue had recently decided to allow women to lead services (and lost some long-time members over that decision). Eva remembers, "She did have a sanctuary Bat Mitzvah. But at that time, the girls had them on Saturday night. So, we had Havdallah services for two of our daughters. And then one on a Friday night."

Aaron was on the Board of Directors for many years in the "post-Schulweis" era of the 1970s and 1980s. As Eva explains, the synagogue was in a vicious cycle of memories of Rabbi Schulweis that made it difficult for subsequent rabbis to be accepted and provide stability. "The older congregants would remember it. And we weren't getting young ones. That was the problem. We were depending on the old ones. And so the congregation was not growing." In fact, membership dropped below 250 families, from over 600 in the Schulweis years.

Aaron adds, "It affected everything. It affected keeping the thing going. It affected the school. We didn't have enough money to really attract the best we could get. The young families were not coming. It was part of the exodus that had been going on for a long time, particularly when I was president."

Aaron found his time as Vice President to be his most gratifying experience as a TBA leader. "When I was Vice President, I was in charge of adult education. We would get some of the best Jewish lecturers in from Berkeley. And we would give sessions, and people came out." A memorable series on Abba Eban was taught by Fred Rosenbaum, the founder of Lehrhaus Judaica. Aaron also led a retreat at one of the Jewish summer camps.

Through the good times and the hard times, Aaron loved being part of the Temple Beth Abraham community. The Executive Committee would meet in the Paul's dining

room while Eva helped the kids upstairs. One of the rabbis lived nearby and would hang out after the meetings drinking Scotch with Aaron and asking him for advice. So, when the leaders of TBA asked Aaron if he would be the President of the congregation in 1985, he couldn't say no. "I felt an additional family feeling towards the temple. And when no one else would do it, that's the problem. It was, 'Aaron, if you don't do it, we have to shut down.'"

The major issues that TBA faced in 1985 were financial and leadership. Aaron had recently opened a law firm that specialized in bankruptcy. He explains, "because of my background with insolvency in small businesses, it gave me some insights. You know, that maybe we can save this place."

One of Aaron's first steps as President was to hire an executive director. He recruited new members to the Board, which sometimes could not meet because it didn't have a quorum. The financial challenges were large. In the summer of 1986, Aaron learned that there was not enough money to make payroll. In those years, people made their donations to the synagogue in September and October, around the High Holy Days, and there was sometimes a crunch in August. This was different because it was earlier in the year. Aaron recalls, "I came home and said, 'Eva, we have a cash shortage. Let's go borrow some money.'"

Eva remembers, "We only had to meet that one month."

And that's how Aaron and Eva Paul took out a personal loan to keep Temple Beth Abraham afloat.

The financial shortfalls continued. In March 1987, at an emergency meeting, the Board directed Aaron to assess each member an additional \$100 (about \$275 in 2024). We even have the letter that was sent to all members.

Note: we will include a scan/photo of the letter

During these challenging times, Misia Nudler (Z"l) was part of the Board and counseled Aaron. "She would calm me down. She would say, 'It's gonna be all right. I know things are not going easy for you, but you'll manage.' She was very, very supportive. And she helped me persevere."

Aaron also credits his wife. "If it weren't for Eva, I don't see how I would've gotten through this difficult and stressful time in my life." Talking with the two of them, it's clear that Aaron's service on the Board was a family commitment, and that their marriage is a true partnership.

Aaron has an easy answer for his wish for the synagogue going forward. "I can sum it up this way. I wish that for the synagogue, it can stay on the path it's on."

TEMPLE BETH ABRAHAM

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April 6, 1987

My Fellow Congregants:

I am writing to you at this time to bring to your attention an emergency situation which threatens to force us to take immediate action if we are to maintain our Synagogue operations at the standard to which you have become accustomed. Historically, our Synagogue has experienced a cash shortage during the late summer when Temple activities are at a minimum. However, this year, the cash shortage has hit us earlier and more severely than we had anticipated. Although it is difficult to find any single cause, there are several reasons which we believe have contributed to the present crisis.

Our Temple School is in full operation, is well staffed and has developed a good reputation for providing excellent Jewish education to our children. Our Gan Avraham Pre-school program is a tremendous success, is filled to capacity, has a waiting list and generates a small profit as well. We have done a good job in keeping our expenses within the amounts budgeted during this year, except for several areas: insurance costs have skyrocketed, PG&E and telephone bills continue to rise, and our expenses for maintaining our aging Temple facilities have increased tremendously.

To add to our difficulties, the cash which we normally receive from dues and other sources has not come in quickly enough to meet these mounting expenses. The Board of Directors has met in a crisis session to find solutions to this immediate cash problem. After a great deal of consideration and discussion, the Board has instructed me, as your President, to assess each member \$100, minimum. Those members who can afford to increase the assessment should do so.

Your immediate response to this assessment is absolutely critical to the continued operation of our Temple and we ask for your assistance by return mail. We are enclosing an envelope with an assessment card for you to indicate your assessment amount along with your check. Please do not turn your back on your Temple family in this time of need. By helping your Temple at this time you will be performing a Mitzvah not only for your Temple family but for your own family as well.

Very truly yours,

Aaron Paul
Aaron Paul



Pumpkin Challah – Sweet and Savory (with a Kick)

By Faith Kramer

Across the Jewish world, pumpkins are a seasonal favorite. Here I incorporate the squash into two very different tasting challahs perfect for fall and winter shabbats or celebrations such as “Challah-O-Ween” or Thanksgiving.

Savory Pumpkin Challah is flavored with cumin and dried chilis for a zesty loaf. I like it with hearty soups and stews. For a milder loaf, halve the amount of cayenne and chilis.

Sweet Pumpkin Challah is not really that sweet and has a nice dash of pumpkin pie spice. I like it slathered with cream cheese and pumpkin butter and sprinkled with chopped pecans as a morning treat.

Substitute non-dairy milk or agave for the egg wash for vegan challahs. Braid as directed or as desired, or try baking in a pumpkin shape. (See below for directions.) Two make two medium-size loafs, divide into 6 ropes each about 12 inches long, using three for each loaf.

SAVORY PUMPKIN CHALLAH

Serves 6-8

- Packet (2 1/4 tsp.) active dry yeast
- 1 tsp. plus 2 tbs. sugar
- 1/2 cup warm (100-110 degrees) water
- 1 cup canned or homemade pumpkin purée
- 1/4 cup water
- 2 Tbs. vegetable oil plus extra
- 1 1/2 tsp. salt
- 1 tsp. cumin
- 1/4 tsp. cayenne
- 1 tsp. red chili flakes
- 3-4 cups bread flour plus extra
- 1 large egg, beaten
- 1/2 tsp. paprika
- 1 Tbs. plus 1 tsp. everything bagel topping mix
- 1 Tbs. plus 1 tsp. shelled, roasted pumpkin seeds (salted or unsalted)

Stir yeast and 1 tsp. sugar into warm water. Let sit 10 minutes until foamy.

In a large bowl, combine pumpkin with 1/4 cup water, 2 Tbs. oil, 2 Tbs. sugar, salt, cumin, cayenne, and chili flakes. Stir in 3 cups flour one at a time. If

a shaggy ball of dough has not formed, mix in flour until it does.

Flour work surface and hands. Knead dough about 8-10 minutes, adding flour as needed, until smooth and a bit tacky. Pinching dough should feel like pinching an earlobe. (It will be softer and stickier than regular challah dough.)



Oil a large bowl. Turn dough in bowl to coat with oil. Cover with towel. Set in a warm, dry place until doubled in size (about 1 hour, timing varies).

Punch dough down. Knead 2-3 minutes on floured surface. Divide into 3 equal pieces. Let rest a few minutes. Roll into 3 18-inch-long ropes.

Line a baking sheet with parchment paper. Lightly oil paper. Place ropes 1-inch apart and parallel to each other in center across the length of baking sheet. Turn pan so short end faces you. Pinch the three ropes together at top end. Pick up rope on your right and pass over the center rope. (The rope that started on the right is now the center rope.) Take the left rope pass it over the center rope. Repeat until braided (but not too tight or loose). Pinch together at bottom. Turn both pinched ends under. Cover with towel. Let rise until doubled in size (about 45 minutes, timing varies).

About 20 minutes before baking challah, heat oven to 350 degrees. Once loaf has doubled, mix egg with paprika. Brush over top and sides of challah. Sprinkle with 1 Tbs. everything bagel topping and 1 Tbs. pumpkin seeds. Place baking sheet in oven.

After 10 minutes, brush egg mixture over any newly exposed areas, sprinkling those with 1 tsp. everything mix and 1 tsp. pumpkin seeds. Bake an additional 15-25 minutes, rotating in oven if necessary. Challah's ready when it's golden brown, the bottom sounds hollow when tapped, and an instant read thermometer reads 190 degrees. Cool on wire rack.

Note: When purchasing pumpkin puree choose one without additional spices.

Sweet Pumpkin Challah Variation: For dough, use 3 Tbs. sugar instead of 2 Tbs. (Use 4 Tbs. for sweeter challah.) Omit cumin, cayenne and chili flakes and use 1 tsp. pumpkin pie spice. For egg wash, omit paprika. For topping, use 2 Tbs. sugar mixed with 1/2 tsp. ground cinnamon, reserving 2 tsp. for the second sprinkle.

Pumpkin Shape Variation: Shape into a round after the first rise, then oil and loosely tie string around loaf to resemble sections of a pumpkin. Place in an

oiled 10-inch pie tin. Let rise. Add paprika and or turmeric to egg yolks as needed to get deeper color. Brush on wash and bake as usual (may need additional time). Snip string and remove. Add the stem of a real pumpkin or a cinnamon stick to complete the look.

Faith Kramer writes a food column for the j., the Jewish News of Northern California (<https://www.jweekly.com/author/faith-kramer/>). She is the author of *52 Shabbats: Friday Night Dinners Inspired by a Global Jewish Kitchen* (<https://thecollectivebookstudio/52-shabbats>). More at www.faithkramer.com. Contact her at fjkramer@msn.com.



המקום ינחם אתכם בתוך שאר אבלי ציון וירושלים

May God comfort you among all the mourners of Zion and Jerusalem

28 ELUL 5784 - 2

TISHREI 5785

October 1 - 4

Arlene Davis
Abraham Elkin
Lillian Simon Jacober
Joseph Markovits
Eileen Pachefsky
Abraham Breslov
Merle Goldstone
Joyce Levitch
Judy Moore
Carolyn Rau
Henry Rosenberg
Benjamin Wolf
Gertrude Kreimerman
Regina Lazar
Bertha Rothman
Sheldon Schaffer
Norma Bercovich
William Kestenblatt
Jack Kovell
Ely Levis
Nuta Okh
Albert Reingold

3 - 9 TISHREI

October 5 - 11

Abraham Bauer
Avram Bercovich
George Bruder
Mary Gildea
Ida Gold
Nathan Kurtz
Samuel Weiss
Henry Glasser
Isadore Gottlieb
Jacob Leson
Joseph Schwartz
Pearl Weiner
Florence Bartman
Ruth Glaser
Ilse Sanders
Wilhelmine Sanders
Fannie Silberman
Lillian Silverman
Pauline Wolf
Bella Wolfe
Anne Miller
Kenneth Dean Simon

Arthur Adler
Emma Bolton
Sally Disco
Samuel Shapiro
Minnie Teverov
Bernard Lutz
Nathaniel Ranzer
Paul Stein
Simma Leson
Frances Piser
Mary Plotkin
Irene Strongin

10 - 16 TISHREI

October 12 - 18

Allen (Al) Davis
Sam Grant
Nancy Greenberg
Mathilda Kahane
Bertha Rosenstein
Donald William Seal
Mary Weinstein
Lena Zubkoff
Isedore Isenberg
Gary Rosenfeld
Miriam Hoffman
May Landowitz
Curtis Manasse
Edith Odenheimer
Elizabeth Rosenberg
Rabbi Morris Schussheim
Gloria Simms
Anna Hammerman
Harry Horwitz
Abraham Maltzman
Florence Dines
Samuel Decalo
Leah Goldberg
Ellen Goldstein
Cantor Richard Kaplan
Jack Lorber
Emanuel Riter
Faye Selinger
Solon L. Weiner
Samuel Burge
Evelyn Gluck
Maurice Goldberg
Edward Hyman
Arthur Kaplan
Rose Wasserman

17 - 23 TISHREI

October 19 - 25

Fradel Darling
Sam Epstein
Minnie Gershenson
Iris Leve
Harold Nudler
Sam Sarver
Melvin L. Simon
Bernice Katz Zywtow
Benjamin Davidson
Sylvia Elber
Theodore Goldstein
Emmi Kruschinski
Minnie Markovits
Misia Nudler
Jack Tessler
Eleanor Davis
Benjamin David Gaynor
Toba Goldenhar
Arlene Miller
Reba Schechtman
Celia Bierman
Edith Kaplan
Ellen Rubin
Beke Schechtman
Fannie Arenbart Sieff
Rebecca Diamond
Max Fass
Rose Semendoff
David Belzer
Seymour (Cy) Cernitz
Hy Goteiner
Nathan Levine
Miriam Kestenblatt
Renner

24 - 30 TISHREI

Oct. 26 - November 1

Udel Kontrovich
Howard Krachman
Daniela Rath
Roy Taylor
Linda Gordon
Bernard Stuart Horodas
Joseph Novack
Abraham Rabinowitz
Donald Rapson
Errin Berkowitz
Sarah De Vorin

Blossom Goldfarb
Sadie Goodman
Abraham J. Weisbrod
Dr. James I. Cohen
Sidney Samuel Hertz
Isaac Kessler
Fannie Sussman
Hyman Cohen
Louis Huberman
Susan Ames Klinger
Fannie Landy
Victor Mendelsohn
Bety Paul-Katz
Ben Rust
Edwin Ames
Beth de la Torre
Ruth Eskin
Ira Michael Feltman
Gerald Friedkin
Morris Kuff
Harry Winchell
Allan Green
Maurice Klevens
Dorothy Lutz
Mike Marshak
Jeanette Baim Stern

1 - 7 HESHVAN

November 2 - 8

Alice Klein
Evelyn Hepps Cushner
Anita Levine Litwack
Emil Goodman
Sidney Tuckman
Lewis Herskovitz
Samuel Platoff
Simon Sanders
Miriam Berman
Schneiderman
Jeanette Somers
Dr. Amiram Ur
Ann Usef
Aaron Belkin
Sam Garfinkle
Siegfried Sanders
Dave Siver
Morris Triebwasser
Ben W. Wisott
Sam Fox
Maurice Freimark

Irene Holzhauer
Michael Kotzin
Craig Palmer
Mae Rosen
Hanna Tsifrin
Robert Warwick
Harry Diamond
Lisbeth Gross
Robert Schechter
Max Turchen

8 - 14 HESHVAN
November 9 - 15
Richard Balint
Joy Seltzer
Loren Siegel
Mildred Stone
Annette Barany
Douglas Behr
Esther Brodke
Henry Garfinkle
Henry Schmulowitz
May Shane
Elizabeth Dienstag
Jules Gevertz
Jack Litwack
Rosebud Silver
Herman Spritzer
Harry Cohen
Marcus Jacob Klein
Herman Bernard Kraft
Monroe Mendel Piser

Isaac Sevi
Ann Gertrude Shapiro
Shoshana Eliahu
Rabbi Herbert Morris
Kenneth Rotman
Paulette Sevi
Yeshuah Sinai
Barbara Korin
Fagge Tova Kuff
Joanne Barbara
Mailman
Norman Bookin
Charles Charny
Oliva Montoudain
Dorter
Nitza Kleinlerer
Clarence Markus
Klara Simring Okh
Lena Snow

15 - 21 HESHVAN
November 16 - 22
Paula Dickman
Sharon Roth Dunn
Ruth Feldhammer
Roger Martin
Molly Bluer
Morris Lasar
Edna Levine
Mary Louise Tenery
Helen Wasserman
Ida Lazerwitz

Morris Mauskopf
Rosa Quittman
Emma Shaffer
Nathan Engleberg
Julius Goldberg
Dr. Donald Motzkin
Pablo Macias
Bertha Rosenblatt
Marvin Spielman
Gloria Ruth Tishkoff
Lillian Davidson
Herszel Herszman
David Migdal
Benjamin Mutnick
George Wasserman
Yehuda Breslov
Jeanette Gohd Taylor
Dorothy Wood

22 - 28 HESHVAN
November 23 - 29
Arthur Gurovitsch
Bertha Heimy
Rabbi David Jessel
Sarah Morofsky
Richard Tim Vanik
Isadore Scheinberg
Meyer Schulack
Bill Biglovsky
Bill Crawford
Frieda Levine Jacobs
Sadok Masliyah

Jack Dobrushin
Bernard Hodess
Gertrude Lazar Landy
Herman Rosenthal
Albert Shore
Edith Bloch
Joseph Bloch
Sophie Casson
Myer Cohen
Alfonse Feibelman
Samuel Felberbaum
Sanford Greenberg
Joseph Malnick
Max Pactor
Srah Resnick
Hezghia Saidian
Edith Tabak
Geraldine Turchen
Rose Kontrovich
Henrietta Cherry
Morris Isaacson
Peter Lipman
Arthur Myers

Recent Deaths in Our Community

Jackie Cohen
Morrie Goldberg
Sylvia Saunders, stepmother of **Kathy Saunders**
(Gary Zimmerman)



May their memory be for a blessing

AUGUST DONATIONS

Charity is equal in importance to all the other commandments combined.

Safety & Security fund

Randall & Jan Kessler,
in memory of Fannie Kessler

Bet Sefer Discretionary Fund

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Edward Bercovich

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in memory of Ellen Bercovich
Edward & Anne Oklan,
in memory of Lillian Oklan

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Korin, Joan Korin's father
Richard Charlesworth &
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Alden & Sabrina Berdux Cohen,
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Barry & Cheri Feiner
Leonard Katz, in memory of
Boris Katz
Marshall & Lynn Langfeld, in
memory of Lori Jaffe's mother,
Miriam Pollack
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Eli Messinger, in memory of
Mildred Messinger
Barbara Oseroff,
in memory of Edith Denenberg
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Carol Bonar and Gohar Saidian
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Harry & Mary Jaffe Meyer &
Sophie Kranz

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Wasserman Adult Education Cultural Fund

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in memory of Joel Oseroff

Jack & Mary Berger Education Fund

Eli Messinger, in memory of
Mildred Messinger

Polsa Silver Teenm Holocaust Education Trip

Ulli Rotzscher, in memory of
Hans-Georg Venus



Welcome New Members

Jacob & Dara Raskin

Tony & Jeanee Hoffman

Jeff & Francis Thaler

Daniel & Jennifer Tell. Daughter Maya

Lucian Sweitzer & Lisa Horowitz.

Children Levi & Joyce

Marshall Miller & Kathryn Horwath.

Daughter Margot

A LEGACY GIFT LASTS FOREVER

Include TBA in your Estate Planning so that your message to your family is loud and clear:

“The existence of Temple Beth Abraham is important to me and for the future of Jews in Oakland.”

Contact TBA's Executive Director

Rayna Arnold for further details

(510) 832-0936 or rayna@tbaoakland.org.

You are never too young to plan for the future!

MEMORIAL PLAQUE

Anyone wishing to purchase a memorial plaque, please contact the synagogue office at (510) 832-0936. If you do not know the location of a Memorial Plaque for your loved one, simply find the Memorial Plaque binder located on the back table in the Sanctuary. This book lists all Plaques in alphabetical order by the last name of the deceased and will be updated as new Plaques are hung. Please do not remove the binder from the Sanctuary.

It is a Jewish tradition to give contributions to commemorate life cycle events and other occasions. These tax-deductible donations are greatly appreciated and are a vital financial supplement to support the variety of programs and activities that we offer.

Thanks again for your support! We could not do it without you!

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- ☐ Pola Silver Teen Holocaust Education Trip Fund
- ☐ Leo and Helen Wasserman Education/Cultural Fund
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OCTOBER CALENDAR

OCTOBER 2024			28 ELUL 5784 – 29 TISHREI 5785			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 (28 Elul) 4:00pm Bet Sefer 7:00pm Gan Back to School Night	2 (29 Elul) Erev Rosh Hashanah Gan & Office close at 1:00pm 6:15pm Erev Service <i>6:32p Candle lighting</i>	3 (1 Tishrei 5785) Rosh Hashanah I 9:00am Family Service 9:30am First Day Service 9:45am Youth Service 5:15pm Tashlich Service with Beth Jacob <i>7:31p Candle lighting</i>	4 (2 Tishrei) Rosh Hashanah II 9:30am 2 nd Day Service 6:15pm Kabbalat Shabbat Service <i>6:29p Candle lighting</i>	5 (3 Tishrei) Shabbat Shuva Parashat Ha'azinu 9:00am A Taste of Text Study via zoom 9:30am Shabbat Services 10:30am Shabbat Mishpacha 12:45pm Mah Jongg <i>7:28p Havdalah</i>
6 (4 Tishrei) Tzom Gedaliah 10:00am Beginning Alef Bet with Susan 2:00pm Girls Night Out: Sukkot	7 (5 Tishrei) 8:00am Morning Minyan 7:00pm Gentle Yoga with Nadav 	8 (6 Tishrei) 4:00pm Bet Sefer	9 (7 Tishrei) 9:00am Weekly Text Study 7:00pm BBYO	10 (8 Tishrei) 8:00am Morning Minyan 4:00pm Bet Sefer	11 (9 Tishrei) Kol Nidrei Gan & Office close at 1:00pm 6:15pm Kol Nidre Service <i>6:18p Candle lighting</i>	12 (10 Tishrei) Yom Kippur 9:00am Family Service 9:30am First Day Service 9:45am Youth Service 11:00am (approx.) Yizkor 2:00pm Study Session 4:15 Mincha 6:15pm Neilah 7:15pm Break the Fast <i>7:17p Havdalah</i>
13 (11 Tishrei) 9:00am Men's Club erects the Sukkah 10:00am Beginning Alef Bet with Susan Noon WTBA decorates the Sukkah	14 (12 Tishrei) Lulav & Etrog Pick-up 8:00am Morning Minyan 7:00pm Gentle Yoga with Nadav	15 (13 Tishrei) NO Bet Sefer	16 (14 Tishrei) Erev Sukkot 9:00am Weekly Text Study <i>6:11p Candle lighting</i>	17 (15 Tishrei) Sukkot I Gan, Bet Sefer & Office Closed 9:30am Sukkot I Service 6:30pm WTBA Sukkah Potluck dinner <i>7:11p Candle lighting</i>	18 (16 Tishrei) Sukkot II Gan, & Office Closed 6:15pm Kabbalat Shabbat <i>6:09p Candle lighting</i>	19 (17 Tishrei) Sukkot III 9:00am A Taste of Text Study via zoom 9:30am Bat Mitzvah of Arielle Strub 12:45pm Mah Jongg <i>7:08p Havdalah</i>
20 (18 Tishrei) Sukkot IV 10:00am Beginning Alef Bet with Susan	21 (19 Tishrei) Sukkot V 8:00am Morning Minyan	22 (20 Tishrei) Sukkot VI 4:00pm Bet Sefer w/ Sukkot Festival	23 (21 Tishrei) Sukkot VII 9:00am Weekly Text Study 7:00pm BBYO <i>6:02p Candle lighting</i>	24 (22 Tishrei) Shmini Atzeret Gan, Bet Sefer & Office Closed 9:30am Shmini Atzeret Service with Yizkor 6:15pm Erev Simchat Torah Family Service <i>7:01p Candle lighting</i>	25 (23 Tishrei) Simchat Torah Gan & Office Closed 9:30am Simchat Torah Service 6:15pm Kabbalat Shabbat <i>6:00p Candle lighting</i>	26 (24 Tishrei) Parashat Bereshit Mevarchim Chodesh Heshvan 9:00am A Taste of Text Study via zoom 9:30am Bar Mitzvah of Lucio Siegel <i>6:59p Havdalah</i>
27 (25 Tishrei) 10:00am Beginning Alef Bet with Susan	28 (26 Tishrei) 8:00am Morning Minyan 7:30pm Rosh Chodesh Mtg via zoom	29 (27 Tishrei) 4:00pm Bet Sefer 7:30pm Board Mtg	30 (28 Tishrei) 9:00am Weekly Text Study 7:00pm BBYO	31 (29 Tishrei) 8:00am Morning Minyan NO Bet Sefer		

NOVEMBER 2024			28 AV – 27 ELUL 5784			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 (30 Tishrei) Rosh Chodesh 6:15pm Kabbalat Shabbat Service 5:52p Candle lighting	2 (1 Heshvan) Parashat Niach Rosh Chodesh Heshvan 9:00am A Taste of Text Study via zoom 9:30am Shabbat Services 10:00am T'fillat Y'ladam 10:30am Shabbat Mishpacha 12:45pm Mah Jongg 6:51p Havdalah
3 (2 Heshvan) DAYLIGHT SAVING TIME ENDS Clocks go back 1 hour 10:00am Beginning Alef Bet with Susan 1:30pm WTBA Membership Appreciation	4 (3 Heshvan) 8:00am Morning Minyan	5 (4 Heshvan) 4:00pm Bet Sefer	6 (5 Heshvan) 9:00am Weekly Text Study 7:00pm BBYO	7 (6 Heshvan) 8:00am Morning Minyan 4:00pm Bet Sefer	8 (7Heshvan) 6:15pm Bet Sefer Kitah Bet Share a Shabbat Kabbalat Shabbat Service 4:45p Candle lighting	9 (8 Heshvan) Parashat Lech-Lecha 9:00am A Taste of Text Study via zoom 9:30am Shabbat Services 10:00am Jr Congregation 5:44p Havdalah
10 (9 Heshvan) 10:00am Beginning Alef Bet with Susan	11 (10 Heshvan) 8:00am Morning Minyan	12 (11 Heshvan) 4:00pm Bet Sefer	13 (12 Heshvan) 9:00am Weekly Text Study 7:00pm BBYO	14 (13 Heshvan) 8:00am Morning Minyan 4:00pm Bet Sefer 7:00pm WTBA Girls Night Out: Jewelry Exchange	15 (14 Heshvan) 6:15pm Kabbalat Shabbat 4:39p Candle lighting	16 (15 Heshvan) Parashat Vayera 9:00am A Taste of Text Study via zoom 9:30am Shabbat Services 12:45pm Mah Jongg 5:39p Havdalah
17 (16 Heshvan) 10:00am Beginning Alef Bet with Susan	18 (17 Heshvan) 8:00am Morning Minyan	19 (18 Heshvan) 4:00pm Bet Sefer 7:30pm TBA Board Mtg	20 (19 Heshvan) 9:00am Weekly Text Study 7:00pm BBYO	21 (20Heshvan) 8:00am Morning Minyan 4:00pm Bet Sefer	22 (21 Heshvan) 6:15pm Kabbalat Shabbat 4:39p Candle lighting	23 (22 Heshvan) Parashat NitzavimVayeilech Len Selichot 9:00am A Taste of Text Study via zoom 9:30am Shabbat Services 5:35p Havdalah
24 (23 Heshvan) 10:00am Beginning Alef Bet with Susan	25 (24 Heshvan) 8:00am Morning Minyan	26 (25 Heshvan) NO Bet Sefer	27 (26 Heshvan) Gan Closed 9:00am Weekly Text Study 7:00pm BBYO	28 (27 Heshvan) Office, Gan & Bet Sefer Closed for Thanksgiving 9:00am Minyan at special Holiday time with Eggs mit Onion Breakfast	29 (28 Heshvan) 6:15pm Kabbalat Shabbat 4:33p Candle lighting	30 (29 Heshvan) 9:00am A Taste of Text Study via zoom 9:30am Shabbat Services 5:33p Havdalah

Temple Beth Abraham
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